

WEEK 1	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Egg of Choice Hashbrown Potatoes Fruit	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Pancakes Sausage Link Syrup Fruit	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Scrambled Eggs Wheat Toast Fruit	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Sausage Patty French Toast Syrup	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Scrambled Eggs and Cheese Brown Sugar Coffee Cake Mandarin Oranges	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Scrambled Eggs Bacon Wheat Toast	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Biscuit and Sausage Gravy Fruit
<b>SNACK</b>	Banana	Graham Crackers	Yogurt	Applesauce	Banana	PB & J	Cookie
<b>LUNCH</b>	Swedish Meatballs Buttered Noodles Mixed Veggies	Fried Pork Chop w/ Gravy Mashed potatoes Mixed Veggies	Shepherd's Pie Broccoli	Chicken Dijon Red Bliss Potatoes Spinach Toscana	Spaghetti w/Meat Sauce Tossed Salad Garlic Bread Dressing of Choice	Sweet Sour Chicken Steamed Rice Stir Fry Veggies	Fried Fish Tarter Sauce Baked Potato Wedges Cole Slaw
<b>DESSERT</b>	Cranberry Crunch	Caramel Apple Bar	Brownie	Peach Parfait	Fruit Mix	Tropical Fruit	Cherry Cobbler
<b>SNACK</b>	Graham Crackers	Yogurt	Banana	Fruit	Pudding Cup	Crackers w/Cheese	Egg Salad
<b>DINNER</b>	Broccoli Cheese Soup Chicken Salad Sandwiches Carrot Sticks w/ dressing Crackers	Hamburger on a Bun Tater Tots Relish Plate	Smoked Pit Ham Scalloped Potatoes Brussels Sprouts	Tuna & Rice Casserole Seasoned Carrots Wheat Bread	Turkey Sandwich on wheat Potato Salad	Supreme Pizza Tossed Salad Dressing of Choice	BBQ Pork on a Bun Fiesta Corn Baked Beans
<b>DESSERT</b>	Seasonal Fresh Fruit	Jellied Pear & Orange Salad	Ice Cream	Frosted Cake	Chocolate Chip Cookies	Pear A La Cream	Fruit Fluff
<b>SNACK</b>	Yogurt	Fruit	Applesauce	Cheese & Crackers	Yogurt	Banana	Saltine Crackers

WEEK 2	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Egg Sausage Bake Toast w/ Jelly	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Cheesy Hashbrown Ham Toast w/ Jelly	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Muffin Sausage Patty w/ Cheese Fruit	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Biscuits and Gravy Fruit	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Mushroom and Cheese Omelet Wheat Toast w/ Jelly	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Sausage Patty Waffle Syrup	JUICE OF CHOICE OATMEAL/CEREAL OF CHOICE Scrambled Eggs and Cheese Bacon Wheat Toast w/ Jelly
<b>SNACK</b>	Banana	Graham Crackers	Yogurt	Applesauce	Banana	PB & J	Cookie
<b>LUNCH</b>	Lasagna Tossed Salad Dressing of Choice Bread Sticks	Fried Chicken Sour Cream Mashed Potatoes Green Beans Wheat Roll	Chicken and Dumplings Peas and Carrots	Lemon Pepper Fish Rice Pilaf Seasoned Spinach Wheat Roll	Maple Glazed Ham Whipped Sweet Potatoes Sautéed Baby Bean Blend	Tortellini w/Cheese Sauce Seasoned Asparagus	Hot Turkey Sandwich w/Gravy Mashed Potatoes Green Peas
<b>DESSERT</b>	Cheesecake	Frosted Marble Cake	Strawberries w/ Whipped Topping	Sherbet	Gingerbread	Fruited Gelatin	Toffee Bar
<b>SNACK</b>	Graham Crackers	Yogurt	Banana	Fruit	Pudding Cup	Crackers w/Cheese	Egg Salad
<b>DINNER</b>	French Dip Sandwich Tater Tots Marinated Vegetable Salad	Country Ham and Beans Mixed Veggies Cornbread	Stuffed Bell Peppers Caramelized Butternut Squash Wheat Roll	Smothered Pork Steak Parsley Potatoes Broccoli	Beef Stew Tossed Salad Dressing of Choice Cornbread	Pot Roast w/Gravy Red Potatoes Seasoned Carrots Wheat Roll	Lemon Dill Salmon Tarter Sauce Rice Pilaf Seasoned Zucchini
<b>DESSERT</b>	Fruit Mix	Chilled Pears	Applesauce Cake	Pineapple Cubes	Chilled Fruit Cup	Fruited Gelatin	Spiced Peaches
<b>SNACK</b>	Yogurt	Fruit	Applesauce	Cheese & Crackers	Yogurt	Banana	Saltine Crackers

WEEK 3	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE
	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE
	Scrambled Eggs	Egg Sausage and Cheese Muffin	Eggs	Breakfast Ham	Scrambled Eggs and Cheese	Sausage Patty	Biscuits and Gravy
	Bacon	Fruit	Bacon	French Toast	Pancakes	Pancakes	Fruit
	Coffee Cake		Petite Cinnamon Roll	Syrup	Wheat Toast w/Jelly	Syrup	
<b>SNACK</b>	Banana	Graham Crackers	Yogurt	Applesauce	Banana	PB & J	Cookie
<b>LUNCH</b>	Brown Sugar Glazed Ham	Roast Turkey w/Gravy	Cranberry Glazed Pork Loin	Chicken A La King	Herb Baked Fish	Beef Enchilada	Meatloaf
	Baked Sweet Potato	Bread Stuffing	Scalloped Potatoes	Rice	Buttered Bowtie Pasta	Spanish Rice	Au Gratin Potatoes
	Parslied Cauliflower	Green Bean Casserole	Carrots Lyonnaise	Brussels Sprouts	Broccoli	Refried Beans	Peas and Pearl Onions
	Wheat Bread	Wheat Roll	Wheat Roll		Wheat Roll		Wheat Roll
<b>DESSERT</b>	Baked Apple Slices	Pumpkin Pie	Strawberry Shortcake	Peach Pie	Mandarin Oranges	Ice Cream	Chilled Apricots
<b>SNACK</b>	Graham Crackers	Yogurt	Banana	Fruit	Pudding Cup	Crackers w/Cheese	Egg Salad
<b>DINNER</b>	Smothered Chicken Breast	Goulash	Minestrone Soup	Salisbury Steak w/ Gravy	Cream of Potato Soup	Macaroni and Cheese	Shrimp Fettucini
	Rice	Mixed Veggies	Turkey and Swiss on Wheat	Mashed Potatoes	Chicken Salad on Wheat	Green Beans	Spinach Toscana
	Glazed Carrots	Garlic Bread		Parslied Cauliflower		Wheat Bread	Wheat Roll
	Garlic Bread			Wheat Bread			
<b>DESSERT</b>	German Chocolate Cake	Mandarin Oranges	Frosted Cake	Fruit Mix	Sugar Cookie	Seasonal Fresh Fruit	Banana Cream Pudding Cake
<b>SNACK</b>	Yogurt	Fruit	Applesauce	Cheese & Crackers	Yogurt	Banana	Saltine Crackers

WEEK 4	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE
	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE
	Egg	Sausage Links	Sausage Patty	Confetti Eggs	Scrambled Eggs	Sausage Links	Bacon Mushroom Omelet
	Cheesy Hahbrown and Ham	Waffle	French Toast	Donut	Bacon	Pancakes	Wheat Toast
	Wheat Toast	Syrup	Syrup	Fruit	Wheat Toast W/Jelly	Syrup	Strawberries and Bananas
<b>SNACK</b>	Banana	Graham Crackers	Yogurt	Applesauce	Banana	PB & J	Cookie
<b>LUNCH</b>	Baked Pork Chop	Fried Chicken	Teriyaki Salmon	Beef Stroganoff	King Ranch Chicken	Braised Beef Brisket	Chicken Fried Rice
	Bread Stuffing	Mashed Potatoes w/ Gravy	Rice Pilaf	Key West Veggies	Buttered Corn	Garlic Mashed Potatoes	Stir Fry Veggies
	Seasoned Peas	Green Beans	Seasoned Peas	Wheat Bread	Mixed Green Salad	Fiveway Mixed Veggies	
	Wheat Roll		Wheat Roll		Dressing of Choice	Wheat bread	
	Parkerhouse Roll						
<b>DESSERT</b>	Silver White Cake	Ice Cream	Tropical Fruit	Apple Crisp	Baked Custard w/	Chilled Peaches	Mandarin Oranges
<b>SNACK</b>	Graham Crackers	Yogurt	Banana	Fruit	Pudding Cup	Crackers w/Cheese	Egg Salad
<b>DINNER</b>	Taco Salad	Beef Pot Pie	Pork Rib Patty	Cheese Ravioli and Marinara	Sloppy Joe on a Bun	Split Pea Soup	Cheesy Tuna and Twists
	Salsa	Mixed Green Salad	Potato Salad	Sliced Zucchini	Baked Potato Wedges	Ham and Cheese on Wheat	Buttered Broccoli
	3 Bean Salad	Dressing of Choice	Seasoned Broccoli	Garlic Bread	Winter Mix Veggies	Relish Plate	Wheat Roll
		Wheat Bread					
<b>DESSERT</b>	Chocolate Pie	Fruit Mix	Butterscotch Pudding	Strawberries	Pear Slices	Poke Cake	Mandarin Oranges
<b>SNACK</b>	Yogurt	Fruit	Applesauce	Cheese & Crackers	Yogurt	Banana	Saltine Crackers

WEEK 5	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE	JUICE OF CHOICE
	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE	OATMEAL/CEREAL OF CHOICE
	Egg of Choice	Western Omelet	Breakfast Burrito	Sausage Patty	Confetti Eggs	Biscuits and Gravy	Scrambled Eggs
	Bacon	Hashbrowns	Salsa	Waffle	Wheat Toast w/Jelly	Bananas	Sausage Links
	Muffin w/Jelly	Fruit		Syrup			Danish
<b>SNACK</b>	Banana	Graham Crackers	Yogurt	Applesauce	Banana	PB & J	Cookie
<b>LUNCH</b>	Peppered Pork Loin	Baked Chicken Breast	Seafood Alfredo	Roast Beef	Chicken Cacciatore	Chicken Cordon Bleu	Fried Fish
	Mashed Potatoes and Gravy	Bread Stuffing	Broccoli	Baked Potato	Buttered Pasta	Roasted Potatoes	Tater Tots
	Seasoned Peas	Herbed Green Beans	Breadsticks	Key West Veggies	Cauliflower w/Red Peppers	Baby Carrots	Calico Slaw
	Biscuit	Wheat Roll		Wheat Roll	Breadsticks	Wheat Roll	Wheat Bread
<b>DESSERT</b>	Fruit Crisp	Fruited Ambrosia	Lemon Bar	Frosted Brownie	Apple Crumb Pie	Strawberries w/Whipped	Tropical Fruit
<b>SNACK</b>	Graham Crackers	Yogurt	Banana	Fruit	Pudding Cup	Crackers w/Cheese	Egg Salad
<b>DINNER</b>	Ham w/Pineapple	Fish Sandwich	Polish Sausage on a Bun	Cream of Tomato Soup	Teriyaki Pork Veg Stir Fry	Beef Tips Au Jus	Stuffed Shells w/Sauce
	Baked Beans	Sweet Potato Fries	Parsley Potatoes	Grilled Cheese Sandwich	Steamed Rice	Buttered Noodles	Sautéed Baby Bean Blend
	Capri Blend Veggies	Relish Plate	Sauerkraut	Baked Zucchini	Stir Fry Veggies	Harvard Beets	Garlic Bread
					Egg Roll	French Bread	
<b>DESSERT</b>	Sherbet	Cheesecake w/Berries	Fruit Cocktail w/	Cinnamon Pears	Fortune Cookie	Spiced Peaches	Tiramisu
<b>SNACK</b>	Yogurt	Fruit	Applesauce	Cheese & Crackers	Yogurt	Banana	Saltine Crackers