

WEEK 1	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	JUICE OF CHOICE CEREAL OF CHOICE Scrambled Eggs & Cheese Biscuit	JUICE OF CHOICE CEREAL OF CHOICE Confetti Eggs Fruit Toast	JUICE OF CHOICE CEREAL OF CHOICE Egg & Cheese Sandwich	JUICE OF CHOICE CEREAL OF CHOICE Sausage Links Pancakes Syrup	JUICE OF CHOICE CEREAL OF CHOICE Eggs Bacon Toast	JUICE OF CHOICE CEREAL OF CHOICE Cheese Omelet French Toast	JUICE OF CHOICE CEREAL OF CHOICE Egg Sausage Bake Hashbrowns
SNACK	Banana	Graham Crackers	Yogurt	Applesauce	Banana	PB & J	Cookie
LUNCH	Beef Stroganoff Green Beans	Honey Mustard Chicken Mushroom Risotto Broccoli	Ham & Cheese Wrap Summer Veggie Salad	Turkey Pot Pie Tossed Salad Dressing of choice	Baked Fish Garden Rice Basil Zucchini Sauté	Glazed Meatloaf Mashed Potatoes Green Peas w/Pearl Onions	Smothered Pork Chop Bread Stuffing California Veggies
DESSERT	Cranberry Crunch	Caramel Apple Bar	Brownie	Peach Parfait	Fruit Mix	Tropical Fruit	Cherry Cobbler
SNACK	Graham Crackers	Yogurt	Banana	Fruit	Pudding Cup	Crackers w/Cheese	Egg Salad
DINNER	Italian Sausage Lyonnais Potatoes Sauerkraut	Cream of Potato Soup Fish Sandwich Tarter Sauce Apple Slaw	Chopped Steak w/ Peppers Mashed Potatoes Seasoned Carrots	Tomato Soup Grilled Cheese Sandwich	Garlic Pepper Pork Cubes Dill Potatoes Broccoli	Chicken Salad Sandwich Broccoli Cheese Soup	Baked Ziti w/4 Cheese Buttered Spinach Garlic Bread
DESSERT	Seasonal Fresh Fruit	Jellied Pear & Orange Salad	Ice Cream	Frosted Cake	Chocolate Chip Cookies	Pear A La Cream	Fruit Fluff
SNACK	Yogurt	Fruit	Applesauce	Cheese & Crackers	Yogurt	Banana	Saltine Crackers

WEEK 2	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	JUICE OF CHOICE CEREAL OF CHOICE Egg & Cheese Sandwich Fruit	JUICE OF CHOICE CEREAL OF CHOICE Sausage Patty French Toast Syrup	JUICE OF CHOICE CEREAL OF CHOICE Egg Bacon Toast w/Jelly	JUICE OF CHOICE CEREAL OF CHOICE Biscuits & Gravy Fruit	JUICE OF CHOICE CEREAL OF CHOICE Breakfast Ham Pancakes Syrup	JUICE OF CHOICE CEREAL OF CHOICE Western Omelet Toast	JUICE OF CHOICE CEREAL OF CHOICE Scrambled Eggs Fruit
SNACK	Banana	Graham Crackers	Yogurt	Applesauce	Banana	PB & J	Cookie
LUNCH	Dijon Crusted Fish Orzo Herbed Green Beans	Chicken Enchiladas Refried Beans Salsa	Ham Garlic mashed Potatoes Baked Zucchini	Pork Fried Rice Veggie Stir Fry	Beef & Pasta Casserole Seasoned Yellow Squash Garlic Breadsticks	Baked Pork Chop Scalloped Potatoes Baby Carrots	Fried Chicken Onion Roasted Potatoes Parslied Cauliflower
DESSERT	Cranberry Crunch	Caramel Apple Bar	Brownie	Peach Parfait	Fruit Mix	Tropical Fruit	Cherry Cobbler
SNACK	Graham Crackers	Yogurt	Banana	Fruit	Pudding Cup	Crackers w/Cheese	Egg Salad
DINNER	Hamburger on a Bun French Fries Relish Plate	Chef Salad Dressing of Choice Breadstick	Stuffed Shells w/Sauce Italian Veggies Garlic Bread	Turkey Loaf Green Beans & Mushrooms	Grilled Fish Rosemary Red Potatoes Buttered Beets	Garden Veggie Soup Philly Beef on a Bun Sautéed Onions & Peppers	Crab Cakes Tater Tots Spinach
DESSERT	Seasonal Fresh Fruit	Jellied Pear & Orange Salad	Ice Cream	Frosted Cake	Chocolate Chip Cookies	Pear A La Cream	Fruit Fluff
SNACK	Yogurt	Fruit	Applesauce	Cheese & Crackers	Yogurt	Banana	Saltine Crackers

WEEK 3	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	JUICE OF CHOICE CEREAL OF CHOICE Baked Egg Omelet Toast	JUICE OF CHOICE CEREAL OF CHOICE Biscuits & Gravy Fruit	JUICE OF CHOICE CEREAL OF CHOICE Eggs Bacon Toast	JUICE OF CHOICE CEREAL OF CHOICE Confetti Eggs English Muffin	JUICE OF CHOICE CEREAL OF CHOICE Western Omelet Toast	JUICE OF CHOICE CEREAL OF CHOICE Sausage Links Pancakes	JUICE OF CHOICE CEREAL OF CHOICE Scrambled Eggs Bacon Toast
SNACK	Banana	Graham Crackers	Yogurt	Applesauce	Banana	PB & J	Cookie
LUNCH	Spaghetti w/Meat Sauce Mixed Green Salad Garlic Bread	Baked Rosemary Chicken Rice Pilaf Seasoned Broccoli	Mushroom Pork Chop Mashed Potatoes Squash Blend	BBQ Chicken Baked Beans Coleslaw Corn Bread	Herb & Lemon Fish Wild Rice Blend Spinach Toscana	Pot Roast Potatoes & Onions Celery & Carrots	Brown Sugar Glazed Ham Au Gratin Potatoes Broccoli
DESSERT	Cranberry Crunch	Caramel Apple Bar	Brownie	Peach Parfait	Fruit Mix	Tropical Fruit	Cherry Cobbler
SNACK	Graham Crackers	Yogurt	Banana	Fruit	Pudding Cup	Crackers w/Cheese	Egg Salad
DINNER	BBQ Pork Rib On a Roll Potato Salad Sautéed Baby Bean Blend	Minestrone Soup Tuna Salad Sandwich Carrot Raisin Salad	Stuffed Pepper Casserole Corn Dinner Roll	Swedish Meatballs Parsley Noodles Garlic Green Beans	Smoked Sausage on a Bun Fried Potatoes Cucumber & Onion Salad	Red Bean Soup Chicken Salad Sandwich	Cheese Quiche Key West Veggies Dinner Roll
DESSERT	Seasonal Fresh Fruit	Jellied Pear & Orange Salad	Ice Cream	Frosted Cake	Chocolate Chip Cookies	Pear A La Cream	Fruit Fluff
SNACK	Yogurt	Fruit	Applesauce	Cheese & Crackers	Yogurt	Banana	Saltine Crackers

WEEK 4	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	JUICE OF CHOICE CEREAL OF CHOICE Scrambled Eggs Bacon Toast	JUICE OF CHOICE CEREAL OF CHOICE Egg Hashbrown Potatoes Toast	JUICE OF CHOICE CEREAL OF CHOICE Sausage Patty Pancakes Syrup	JUICE OF CHOICE CEREAL OF CHOICE Scrambled Eggs Brown Sugar Coffee Cake	JUICE OF CHOICE CEREAL OF CHOICE Biscuits & Gravy Fruit	JUICE OF CHOICE CEREAL OF CHOICE Eggs Bacon Toast	JUICE OF CHOICE CEREAL OF CHOICE Sausage French Toast
SNACK	Banana	Graham Crackers	Yogurt	Applesauce	Banana	PB & J	Cookie
LUNCH	Fried Fish Corn Calico Slaw	Roast Turkey Mashed Potatoes Green Peas	Bacon Wrapped Meat-loaf Mashed Potatoes Mixed Green Salad	Crispy Pork Loin Rice Pilaf Cauliflower w/Red Peppers	Corned Beef Potatoes Seasoned Cabbage	Peachy Pork Chops Corn Pudding	Roast Beef Garlic Mashed Potatoes Seasoned Veggies
DESSERT	Cranberry Crunch	Caramel Apple Bar	Brownie	Peach Parfait	Fruit Mix	Tropical Fruit	Cherry Cobbler
SNACK	Graham Crackers	Yogurt	Banana	Fruit	Pudding Cup	Crackers w/Cheese	Egg Salad
DINNER	Cheeseburgers Tossed Salad Dressing of Choice	Ham W/Pineapple Sweet Potatoes California Veggies	Tomato Soup Grilled Cheese Sandwich	Grape Jelly Meatballs Buttered Noodles Peas & Pearl Onions	Salmon Patty Wild Rice Blend Broccoli	Cheese Pizza Mixed Green Salad Dressing of Choice	Chili Dog Casserole German Cucumber Salad Mixed Melons
DESSERT	Seasonal Fresh Fruit	Jellied Pear & Orange Salad	Ice Cream	Frosted Cake	Chocolate Chip Cookies	Pear A La Cream	Fruit Fluff
SNACK	Yogurt	Fruit	Applesauce	Cheese & Crackers	Yogurt	Banana	Saltine Crackers

WEEK 5	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	JUICE OF CHOICE CEREAL OF CHOICE Scrambled Eggs & Cheese English Muffin	JUICE OF CHOICE CEREAL OF CHOICE Biscuits & Gravy Fruit	JUICE OF CHOICE CEREAL OF CHOICE Confetti Eggs Pancakes	JUICE OF CHOICE CEREAL OF CHOICE Eggs Bacon Toast	JUICE OF CHOICE CEREAL OF CHOICE Baked Egg Omelet Muffin	JUICE OF CHOICE CEREAL OF CHOICE Sausage Pancakes	JUICE OF CHOICE CEREAL OF CHOICE Scrambled Eggs Hashbrowns Toast
SNACK	Banana	Graham Crackers	Yogurt	Applesauce	Banana	PB & J	Cookie
LUNCH	Herbed Pork Loin Bread Stuffing Buttered Beets	Salisbury Steak Whipped Potatoes Roasted Carrots	Turkey A La King Seasoned Broccoli Biscuit	Pork & Veggie Stir Fry Yakisoba Noodles	Tuna Noodle Casserole Green Beans Dinner Roll	BBQ Beef on a Bun Corn Casserole Tossed Salad Dressing of Choice	Lentil Soup Egg Salad Sandwich
DESSERT	Cranberry Crunch	Caramel Apple Bar	Brownie	Peach Parfait	Fruit Mix	Tropical Fruit	Cherry Cobbler
SNACK	Graham Crackers	Yogurt	Banana	Fruit	Pudding Cup	Crackers w/Cheese	Egg Salad
DINNER	Baked Fish in Butter Sauce Garden Rice Cole Slaw	Veggie Soup Ham Sandwich	Baked Four Cheese Pasta Seasoned Zucchini Garlic Wheat Roll	Tortilla Chip Taco Salad Fiesta Corn Salsa	Crispy Ranch Chicken Au Gratin Potatoes Seasoned Peas	Cheese Enchiladas Spanish Rice Refried Beans	Fried Chicken Garlic Mashed Potatoes Savory Carrots
DESSERT	Seasonal Fresh Fruit	Jellied Pear & Orange Salad	Ice Cream	Frosted Cake	Chocolate Chip Cookies	Pear A La Cream	Fruit Fluff
SNACK	Yogurt	Fruit	Applesauce	Cheese & Crackers	Yogurt	Banana	Saltine Crackers