

# AUGUST

# 2020

## MANAGEMENT TEAM

### **EXECUTIVE DIRECTOR**

Laurie Pomeroy

### **DIRECTOR OF NURSING**

Chad Cummings

### **COMMUNITY RELATIONS DIRECTOR**

Holly Hordichok

### **BUSINESS OFFICE/HR MANAGER**

Michelle Dowell

### **MAINTENANCE DIRECTOR**

Travis Cooper

### **ACTIVITY DIRECTOR**

Lea Safarov

### **RESIDENT CARE COORDINATORS**

Anna Amador

Jennifer Flores

### **DIETARY MANAGER**

Erik Bugge

### **RECEPTIONIST**

Marissa Lomboy



## Happy August Everyone!

I know that the world feels a little crazy lately, but I wanted to touch base on what's been happening here at Heartwood with all of your loved ones. We are very happy to report to you all that we are Covid-19 free and are working hard to remain that way.

Currently we have a supply of tests and a lab that is able to process them in a timely manner. In the next couple of months we will begin to test all staff and residents to ensure that nobody is an asymptomatic carrier for the virus. This will then be followed up by testing all staff on a monthly basis for the foreseeable future. These testing guidelines are orders put in place by Governor Kate Brown in order to help protect the residents living in communities such as ours as well as our staff and their families. As always, we will strive to keep all of you informed about what is going on in the community and any changes that are made.

We know that this is a difficult time for everyone but I want to encourage all of you to take some time to come for a window visit with your loved one, speak with them on the phone, or even do face-time with them. We are working hard to provide them with everything they need while here but sometimes simply talking to or even seeing you is worth so much more than anything we can do for them.

I would also like to mention the new insurance program that Heartwood is pairing with called Optum. Some of you have already signed up with them but I encourage all of you to look at the benefits being offered if you haven't already. These benefits are provided at little to no cost and can be great for some residents.

I hope all of you stay safe and healthy

Chad Cummings, RN





*Dear Friends and Family,*

I just wanted to check in and give you all an update on our Covid-19 status. We are all still healthy and have had no new cases of Covid-19 in the community. Our staff have been amazing at following all policies and procedures for infection control. We continue to monitor the staff and residents each day for signs and symptoms of illness. We are offering continuous training to the staff each All-Staff meeting and will continue to offer education each month. We know you are all concerned about the spread of Covid-19 and how it may impact us at Heartwood. Ensuring residents are cared for in a safe and healthy environment is our top priority.

The Federal/state government has directed we restrict all visitors and volunteers from visiting the facility at this time. We have posted signs in entryways to notify visitors and actively screen individuals who do enter the community. I know it is extremely difficult not to see your loved ones currently. The Department of Human Services have announced that they might be allowing outside visits by family members. Each community must apply through the state a Policy and Procedures of how a outside visit would look at each community level. We have drafted our Policy and Procedure and will be submitting it to the state for approval. Once we are granted approval by the state, we will have each family member sign the consent and we will set up an outdoor area for visitation. Stay tuned for more information!!

It is hard to believe we are halfway through summer now. The residents have been having fun going on walks outside and enjoying the beautiful weather. Lea has been doing an amazing job keeping the residents engaged in meaningful activities under the circumstances of not being able to engage in large group activities. Lea has been having a lot of one on one visits and small group activities and spending as much time outside as possible with this nice weather. The staff at Heartwood take pride in keeping the residents involved and engaged each day and giving them all a purpose.

We understand connecting with your loved ones is incredibly important. There are a variety of other ways to consider communicating including telephone, email, text, video chat and social media. Residents love to receive cards and letters as well. We do ask that you call the front desk prior to coming for a window visit so the staff have time to escort the residents up in a timely manner. If we know ahead of time, we can assure that the next family member has time as well to spend with their loved ones. Please be patient on the weekends for the staff are hard at work caring for your loved ones and it may take a few extra minutes to respond. Calling ahead is Key!!

We will stay up to date on the federal governments recommendations as they continue to change. Our community is in close contact with the local and state health departments and are also following their guidance. We will continue to keep you informed and notify you of any changes. Thanks for your patience and understanding as we work together to stay well. Please know I am just a phone call or email away if you have any questions, concerns, or compliments. Our goal is to meet each resident's individual needs while maintaining the highest level of choice, dignity, privacy, and respect.

Sincerely,

**Laurie Pomeroy**

**Executive Director**

## Happy August Everyone!

July brought us lots of hot days but we enjoyed them with milkshakes and smoothies. We look forward to continuing to do this. We also had baking time that our residents liked a lot.

On the cooler days we took walks with our residents outside and they had a lot of Fun!

We have fun celebrating residents birthday, Sing A long and Sing Fit. We have received many cards from different states and different people with support during this difficult time for all of us. It was very pleasant and emotional.

Cindy (Wayne's readers) continues to read a book every other Thursday remotely which I am very appreciative.

In August we will continue our walks with the residents and our baking and smoothie time. For my personal visits i will continue to do manicure and hand massage.

Trudy and her band will visit us again. We will listen to them through the windows from the living room.

we will have more fun playing bowling, read short stories with cookies, watch movies and popcorn.

If you have anything that your family member would like to try or do just let me know.

Lea

Activities Director.

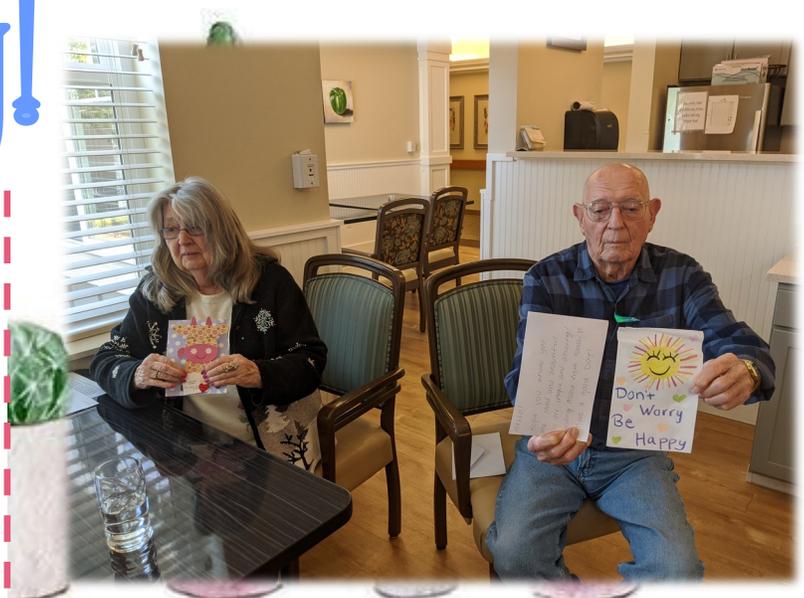
# Happy Birthday!

### Staff:

Carmen	08.03
Jennifer	08.20
Chad	08.21

### Residents:

Robbie	08.01
Joan	08.11
Bart	08.13
Deanna	08.24
Virginia	08.26



Hello from Holly,

I miss our visiting families sooooo much that I am grateful to know! We try and make your loved ones as entertained and involved as we can, but I know only you can provide the special touch, smile and conversation they need.

We have had all kinds of inside fun and activities that Lea is doing every day. From Face time to window visits. The vegetable garden has gone well and the strolls around the building have made a huge difference. We have had birthday parties and music from different groups outside the windows. Thank you to all that make this happen 

I am working on our next Raffle item for August, which is a Barbecue theme. First donation of \$200.00 will be given to a Lucky winner at the end of August. We will post a picture on our Face Book page soon! It is very difficult to do our annual silent auction and famous Luau, so this is a twist. Proceeds will go to the Alzheimer walk in October.

The walk is Saturday, October 10, and will take place on the sidewalks around Heartwood. I would love to get a walking team to be with us, as we go thru the neighborhood. Please call to reserve your Walk Spot with Marissa, Lea or Holly. Purple or Blue would be a great color to wear!

Peace and Blessings to you,

Hugs Holly 

## GUESS WHAT!?

JULIE WILL BE HERE IN 2 WEEKS!!!

SHE IS ONLY ABLE TO DO HAIRCUTS AT THE MOMENT SO SHE SCHEDULED ALL THE RESIDENTS FOR A HAIRCUT.

IF YOUR LOVED ONE HAS MONEY HERE, WE CAN USE THAT FOR PAYMENT WITH YOUR PERMISSION, IF THEY DON'T HAVE MONEY HERE, JULIE EXCEPTS CASH OR CHECKS.

CHECKS ARE TO BE MADE OUT TO " JULIE GROSS "

JULIE IS TAKING A 5 WEEK BREAK AFTER EACH TIME SHE IS HERE

PLEASE LIKE AND FOLLOW OUR FACEBOOK PAGE FOR PICTURES OF YOUR LOVED ONES AND UPDATES ON COVID RESTRICTIONS

 **HEARTWOOD PLACE MEMORY CARE**



## To help prevent the spread of COVID-19:

- ◇ Clean your hands often, either with soap and water or hand sanitizer
- ◇ Avoid close contact with others (at least 6 feet from others)
- ◇ Wear a mask or face shield when in public settings
- ◇ Clean and disinfect frequently



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